



## Cancer Resource Centre

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### **FOR IMMEDIATE RELEASE**

#### **WOMEN'S CLUB PLAYS WINNING HAND WITH FUNDRAISING EFFORTS FOR CANCER RESOURCE CENTRE IN MUNSTER**

**ST. JOHN** - Bunco for Breast Cancer is an annual event created by the local chapter of the General Federation of Women's Clubs (GFWC) and held during Breast Cancer Awareness month. Since the first event in October of 2003, the GFWC has contributed more than \$12,000. to the Cancer Resource Centre toward programs and services. This past December, club members presented their latest check in the amount of \$2,000. to the Centre.

"The Cancer Resource Centre offers so much to the women of the community and they are so very helpful," said Colleen Hansen, executive board member of GFWC of St. John.

The Cancer Resource Centre is a program of the Community Cancer Research Foundation, dedicated to improving the quality of cancer care available throughout Northwest Indiana. Anyone who needs help coping with a diagnosis is invited to the Centre where they will find a welcoming atmosphere, encouragement and valuable resources. Located at 926 Ridge Road, patients with cancer and their families can benefit from free support services – a lending library, support groups, and, mind-body programs like yoga, reiki and empowerment drumming.

We've had more than one member diagnosed with breast cancer, and so we've continued with our fundraising efforts, Hansen said.

Shortly after Zita Ganza of St. John became a member of her local chapter of GFWC in 2003, she was diagnosed with breast cancer. Wanting to help, members decided each time Zita went for chemotherapy, the club would deliver a meal to her home.

"We all took turns delivering food," said Hansen. "Eventually we found other ways to help."

(more)

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Recipes that comforted Zita and helped to transform her toughest days have been captured in “Cooking for Zita: Helping Loved Ones Through Cancer.” The book was inspired by the St. John GFWC members who reached out to a friend that wouldn’t let breast cancer sidetrack her life.

Proceeds from book sales benefit the Centre’s programs and services. The 176-page book sells for \$24.95 and 100% of the profits benefit the Cancer Resource Centre. It is available from the Centre, the gift shops of Community Hospital in Munster, St. Catherine Hospital in East Chicago and St. Mary Medical Center in Hobart, and online at [www.cookingforzita.com](http://www.cookingforzita.com).

For more information about the GFWC, visit [www.lakenetnwi.net/member/stjohnwomensclub/](http://www.lakenetnwi.net/member/stjohnwomensclub/).

For more information about the Cancer Resource Centre in Munster, visit [www.cancerresourcecentre.com](http://www.cancerresourcecentre.com).

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